



# Face Fit

Correct Fitting and Testing Procedures



## Introduction

Where Respiratory Protective Equipment (RPE) is used as a control measure under health and safety legislation, it is vital that the selected RPE is adequate and suitable. To ensure selected RPE has the potential to provide adequate protection, the ACoPs supporting the Control of Substances Hazardous to Health (CoSHH), the Control of Asbestos Regulations and the Control of Lead at Work Regulations stipulate that tight-fitting RPE must be fit tested as part of the selection process.

Note:

- A tight-fitting facepiece is a full-face mask, half mask or a filtering facepiece (commonly referred to as a disposable mask)
- Fit testing is a method of checking that a tight-fitting facepiece matches the wearer's facial features and seals adequately to their face
- SSG offer this training course for companies who want to conduct qualitative fit testing themselves, which is only suitable for half mask or a filtering facepiece.



## Course Duration

SSG offer this course over three hours as a fit test workshop.



## Course Attendees

This course is aimed at those who are required to carry out qualitative fit testing in accordance with INDG479.

Note

Delegates attending this course **must** be clean shaven.



## Course Programme

- The background to fit testing
- When fit testing should be conducted
- Types of fit testing
- Qualitative / quantitative
- Correct fitting of RPE

- In-depth training on how to correctly use qualitative fit test kits with many practical hints and tips
- Identifying and correcting failures
- Advice on how to structure a fit testing session and properly brief test subjects
- Practical fit testing to gain experience and confidence
- Maintenance of equipment
- Record keeping
- Links to external documents

## RPE

SSG will provide RPE for practical training. Delegates can also bring their own RPE to use during the training if they wish to.



## Training Certification and Assessment

On successful completion of the course delegates will receive an SSG course attendance certificate which is valid for three years.



## Suggested Follow on and Complementary Courses

- Asbestos Awareness
- Asbestos Non-Licensed Operative